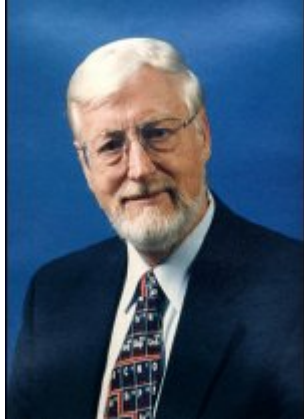


Forrest Nielsen (Grand Forks, USA)



Biographical Sketch

Research Nutritionist Consultant, retired Research Nutritionist and former Center Director, Grand Forks Human Nutrition Research Center, Grand Forks, North Dakota, USA. Principal Investigator for 14 outpatient and in-house metabolic unit human studies determining the deficiency signs and nutritional importance of boron, copper, iron, magnesium, and zinc. Magnesium studies focused on determining sub-clinical deficiency signs, status indicators, and nutritional requirements. Results still used to make recommendations for daily dietary intakes. Contact: FrostyNielsen@yahoo.com.

In his speech, he will talk about factors affecting magnesium status, requirements, and recommended dietary intakes.