



**Stella Lucia Volpe, PhD, RDN, ACSM-CEP, FACSM**

Stella Lucia Volpe, PhD, RDN, ACSM-CEP, FACSM, is Professor and Chair of the Department of Nutrition Science at Drexel University, Philadelphia, PA. Her degrees are in both Nutrition and Exercise Physiology; she also is an American College of Sports Medicine (ACSM) Certified Clinical Exercise Physiologist® and a Registered Dietitian Nutritionist. Dr. Volpe's research focuses on obesity and diabetes prevention using traditional interventions, mineral supplementation, and by altering the environment to result in greater physical activity and healthy eating. She also conducts research on athletes of all levels, from recreational to professional. Prior to beginning her faculty appointment at Drexel University, Dr. Volpe was on faculty at the University of Pennsylvania, and previous to that, she was on faculty at the University of Massachusetts Amherst. Dr. Volpe is Editor-in-Chief of *Current Nutrition Reports*. She is an associate editor of *ACSM's Health & Fitness Journal*® and the *Translational Journal of ACSM*. Contact: [SLV43@drexel.edu](mailto:SLV43@drexel.edu)